



# Laycock Primary School

## Menu - Week 1

**Week Commencing:**  
6th Sep, 27th Sep  
18th Oct, 8th Nov  
29th Nov, 10th Jan  
31st Jan, 14th Mar  
4th Apr

**Mon**

### Choose from...

-  Vegan Meatless Balls with Tomato Sauce
-  Quorn Lasagne

Assorted Sandwiches / Assorted Panini / Jackets with various fillings / Assorted Wraps

### Desserts...

Marble Sponge  
Fruit Jelly & Cream



### Did you know?...

One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day!

**Tues**

### Choose from...

- Chicken Pie
-  Southern Fried Quorn Burger


Assorted Panini / Assorted Sandwiches / Jackets with various fillings

### Desserts...

Frozen Yoghurt  
Butterfly Buns

**Wed**

### Choose from...

- Roast Turkey
-  Quorn Dog

Assorted Wraps / Assorted Panini / Jackets with various fillings / Assorted Sandwiches

### Desserts...

Lemon Shortcake  
Frozen Smoothie



**Thurs**

### Choose from...

- Ham & Cheese Pizza
-  Cheese & Tomato Pizza

Assorted Sandwiches / Jackets with various fillings / Assorted Wraps

### Desserts...

Apple Crumble  
Raspberry Ice Cream Roll



Assured Food Standards

All menu items are subject to availability and may change without notice

**Fri**

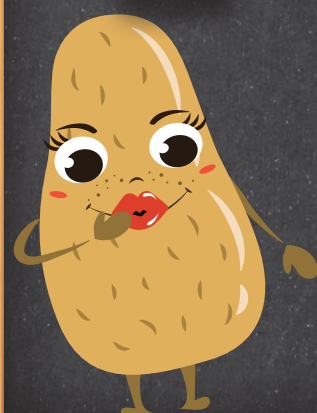
### Choose from...

- Pork Sausages
-  Quorn Chilli with Nachos

Assorted Sandwiches / Assorted Panini / Jackets with various fillings / Assorted Wraps

### Desserts...

Bakewell Tart  
Cocoa & Orange Cookie



For further information please see  
The FM School meals App  
<https://schoolmeals.bradford.gov.uk/>






# Laycock Primary School

## Menu - Week 2

**Week Commencing:**  
13th Sep, 4th Oct  
15th Nov, 6th Dec  
17th Jan, 7th Feb  
28th Feb, 21st Mar

**Mon**

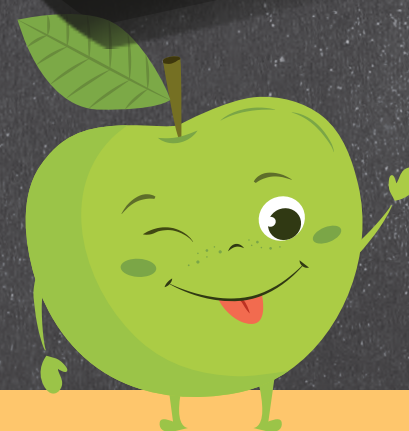
### Choose from...

-  Vegan Burger & Chilli Sauce in a Bun
-  Quorn Cottage Pie

Assorted Panini / Assorted Sandwiches / Jackets with various fillings

### Desserts...

Rice Pudding Peaches Jam & Raisins  
Fruit Fool




### Did you know?....

Apples are very nutritious. This means they are good for you. Apples are filled with potassium, vitamin C, carbohydrates, fibre and antioxidants.

**Tues**

### Choose from...

- Chilli Con Carne with Rice & Nachos
-  Arrabbiata Pasta

Assorted Panini / Assorted Sandwiches / Jackets with various fillings

### Desserts...

Neapolitan Sponge  
Oat Cookie

**Wed**

### Choose from...

- Roast Turkey
-  Cheese & Onion Pasty

Assorted Sandwiches / Jackets with various fillings

### Desserts...

Syrup Sponge  
Fresh Fruit Salad & Ice Cream



**Thurs**

### Choose from...

- Ham & Cheese Pizza
-  Cheese & Tomato Pizza

Assorted Sandwiches / Jackets with various fillings

### Desserts...

Victoria Buns  
Frozen Yoghurt



Assured Food Standards

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**Fri**

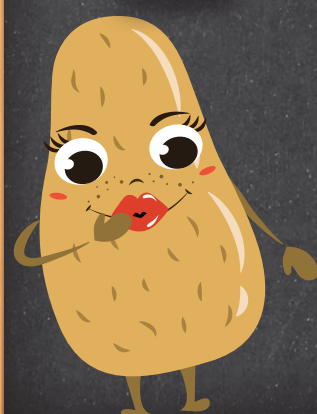
### Choose from...

- Salmon Bites
-  Vegan Vegetable Ravioli

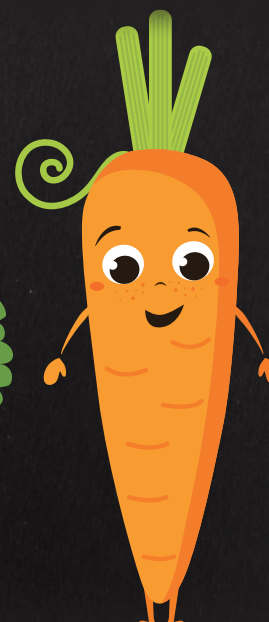
Assorted Wraps / Assorted Sandwiches / Jackets with various fillings

### Desserts...

Cornflake Tart  
Chocolate Buns



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# Laycock Primary School

## Menu - Week 3

**Week Commencing:**  
 20th Sep, 11th Oct  
 1st Nov, 22nd Nov  
 13th Dec, 3rd Jan  
 24th Jan, 14th Feb  
 7th Mar, 28th Mar

**Mon**

### Choose from...

-  Vegan Meatless Balls in Gravy
-  Southern Fried Quorn Burger

Assorted Panini / Assorted Wraps  
 / Jackets with various fillings /  
 Assorted Sandwiches


### Desserts...

Steamed Jam Sponge  
 Fresh Fruit Salad & Ice Cream



**Tues**

### Choose from...

- Chicken Pie
-  Quorn Fillets

Assorted Panini / Assorted  
 Sandwiches / Jackets with  
 various fillings

### Desserts...

Eve's Sponge  
 Frozen Yoghurt

### Did you know?....

*Bananas give you lots  
 of energy to keep you  
 going through the  
 day in all your work  
 and play.*

**Wed**

### Choose from...

- Roast Turkey
-  Vegan Pasta Bolognaise

Assorted Panini / Jackets with  
 various fillings / Assorted Wraps  
 / Assorted Sandwiches

### Desserts...

Chocolate Sponge  
 Yoghurt



**Thurs**

### Choose from...

- Ham & Cheese Pizza
-  Cheese & Tomato Pizza

Assorted Sandwiches / Jackets  
 with various fillings

### Desserts...

Mixed Fruit Crumble  
 Fruit Jelly & Cream



Assured  
 Food  
 Standards

All menu items are subject  
 to availability and may  
 change without notice

**Fri**

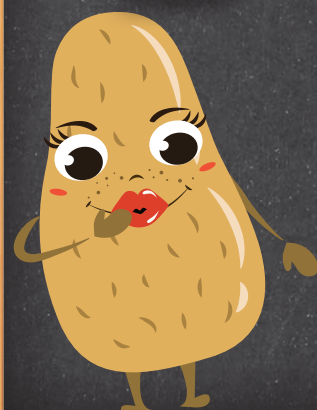
### Choose from...

- Tempura Battered Fish Fillet
-  Quorn Chinese Chicken Curry

Assorted Wraps / Assorted  
 Sandwiches / Jackets with  
 various fillings / Assorted Panini

### Desserts...

Paris Sandwich  
 Frozen Smoothie



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the **foodquarter**





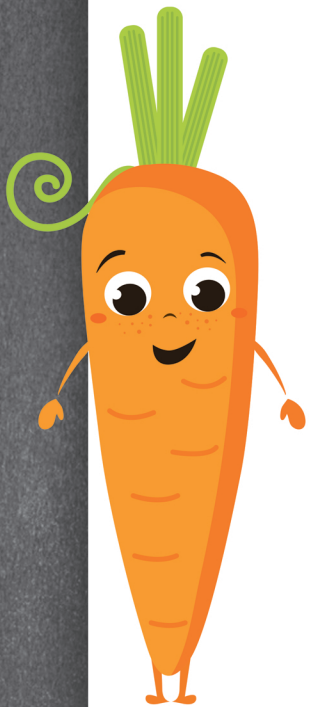


# Food for Life Served Here



**Soil Association**  
**FOOD FOR LIFE**

**BRONZE CATERING**



healthy soil,  
plants and animals  
= healthy food  
= healthy people



eggs are  
free range

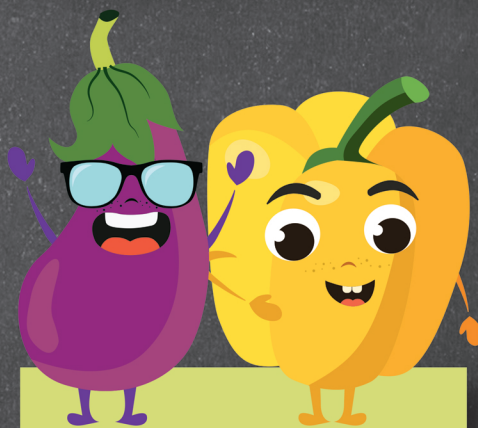
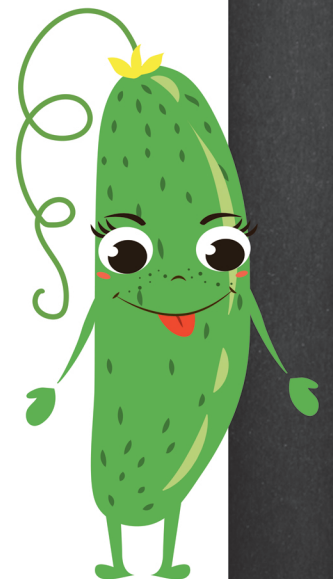
meat that can  
be traced back  
to the farm

**FRESH**  
**healthy**  
**SEASONAL**  
**traceable**  
**SUSTAINABLE**

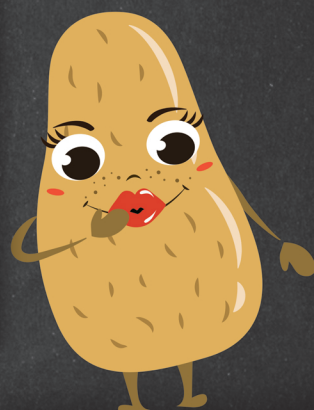
No nasty additives &  
at least 75% of our dishes  
are freshly prepared



ingredients  
from local soil



Our menus are  
seasonal and we  
adjust our use of  
vegetables, salads  
and meal  
accompaniments  
to make use of  
seasonal produce  
wherever possible.



Food for Life Served Here demonstrates that the school food we provide in this school is ethical, sustainable and fresh, free from nasty additives and transfats and meets school food standards. The award guarantees that food meets high standards of provenance and traceability.



the **foodquarter**