

Laycock Primary School

Menu - Week 1

Week Commencing:
 20th Apr, 11th May,
 1st Jun, 22nd Jun,
 13th Jul, 31st Aug,
 21st Sept, 12th Oct

Mon

Choose from...

- ✓ Arrabiata Pasta
- ✓ Quorn Bolognese Pasta

Cheddar & Mozzarella Panini / Cheese Sandwich / Jacket Potato with Cheese / Jacket Potato with Tuna Mayo / Tuna Melt Panini

Desserts...

Syrup Sponge
 Fresh Fruit Salad & Ice Cream



Did you know?...

One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day!

Tues

Choose from...

- Bacon Medallion Loin
- ✓ Quorn Lasagne

Cheddar & Mozzarella Panini / Cheese Sandwich / Ham Sandwich / Jacket Potato with Cheese / Jacket Potato with Cheese & Tuna

Desserts...

Steamed Jam Sponge
 Oat Cookie

Wed

Choose from...

- Roast Turkey Dinner
- ✓ Quorn Toad in the Hole

Cheddar & Mozzarella Panini / Ham Sandwich / Jacket Potato with Baked Beans / Jacket Potato with Cheese / Jacket Potato with Tuna Mayo

Desserts...

Apple Cake
 Butterfly Buns



Thurs

Choose from...

- Cheese & Ham Pizza
- ✓ Cheese & Tomato Pizza

Cheese Wrap / Ham Sandwich / Jacket Potato with Baked Beans / Jacket Potato with Cheese / Jacket Potato with Tuna Mayo

Desserts...

Fruit Fool
 Cocoa & Orange Cookie

Suitable for

- ✓ Vegetarian
- Halal
- Approved by COUNCIL OF MOSQUES

Assured Food Standards

All menu items are subject to availability and may change without notice

Fri

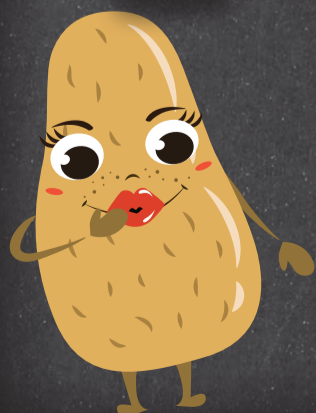
Choose from...

- Tempura Fillet of Fish
- ✓ Quorn Bolognese Pasta

Cheddar & Mozzarella Panini / Ham Sandwich / Jacket Potato with Cheese / Jacket Potato with Cheese & Tuna / Tuna Melt Panini

Desserts...

Fruit Flapjack
 Strawberry Cheesecake



Laycock Primary School

Menu - Week 2

Week Commencing:
 27th Apr, 18th May,
 8th Jun, 29th Jun,
 20th Jul, 7th Sept,
 28th Sept, 19th Oct

Mon

Choose from...

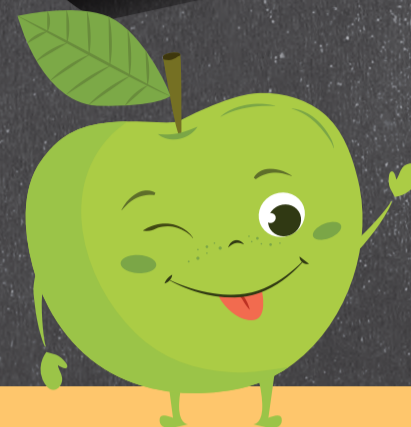
Vegetable Rolls

✓ Quorn Burgers

Cheese Sandwich / Ham Sandwich /
 Jacket Potato with Cheese / Jacket
 Potato with Tuna Mayo / Tuna Mayo
 Sandwich

Desserts...

Chocolate Sponge
 Fruit Jelly & Cream



Did you know?....

Apples are very nutritious. This means they are good for you. Apples are filled with potassium, vitamin C, carbohydrates, fibre and antioxidants.

Tues

Choose from...

Beef Lasagne

✓ Quorn Sausage in a Bun

Cheese Sandwich / Ham Sandwich /
 Jacket Potato with Cheese /
 Jacket Potato with Tuna Mayo

Desserts...

Marble Sponge
 Fresh Fruit Salad & Ice
 Cream

Wed

Choose from...

Roast Turkey Dinner

Vegetable & Quorn Cottage Pie

Cheese Wrap / Ham Sandwich /
 Jacket Potato with Cheese /
 Jacket Potato with Tuna Mayo /
 Tuna Mayo Wrap

Desserts...

Lemon Shortcake
 Frozen Smoothie



Thurs

Choose from...

Cheese & Ham Pizza

✓ Cheese & Tomato Pizza

Cheddar & Mozzarella Panini /
 Cheese Sandwich / Ham
 Sandwich / Jacket Potato with
 Cheese & Tuna / Tuna Melt Panini

Desserts...

Cornflake Tart
 Chocolate Buns



Assured
 Food
 Standards

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Fri

Choose from...

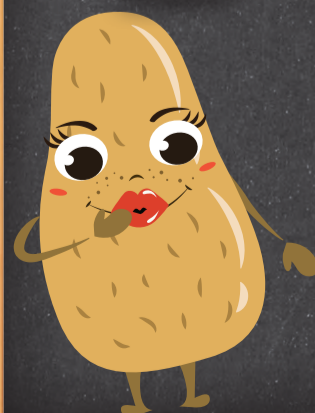
Salmon Fish Fingers

✓ Quorn Lasagne

Cheese Wrap / Ham Sandwich /
 Jacket Potato with Baked Beans /
 Jacket Potato with Cheese / Tuna
 Melt Panini

Desserts...

Mixed Fruit Crumble
 Fruit Jelly & Cream



the **foodquarter**



Laycock Primary School

Menu - Week 3

Week Commencing:
4th May, 25th May,
15th Jun, 6th Jun,
14th Sept, 5th Oct

Mon

Choose from...

- ✓ Cheese & Broccoli Quiche
- ✓ Savoury Quorn Mince

Cheddar & Mozzarella Panini /
Cheese Sandwich / Ham
Sandwich / Jacket Potato with
Baked Beans / Jacket Potato with
Cheese

Desserts...

Marble Sponge
Neapolitan Ice Cream



Tues

Choose from...

- Pasta Bolognese
- ✓ Quorn Lasagne

Cheese Wrap / Ham Sandwich /
Jacket Potato with Cheese /
Jacket Potato with Tuna Mayo /
Tuna Melt Panini

Desserts...

Rice Pudding, Peaches, Jam
& Raisins
Cream Cheese & Crackers

Did you know?...

Bananas give you lots
of energy to keep you
going through the
day in all your work
and play.

Wed

Choose from...

- Roast Turkey Dinner
- ✓ Quorn Bolognese Pasta

Cheese Sandwich / Ham
Sandwich / Jacket Potato with
Cheese / Tuna Melt Panini

Desserts...

Lemon Shortcake
Fresh Fruit Salad & Ice
Cream



Thurs

Choose from...

- Cheese & Ham Pizza
- ✓ Cheese & Tomato Pizza

Cheddar & Mozzarella Panini /
Ham Sandwich / Jacket Potato
with Baked Beans / Jacket Potato
with Cheese / Tuna Melt Panini

Desserts...

Apple Viennese
Cocoa & Orange Cookie



Assured
Food
Standards

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Fri

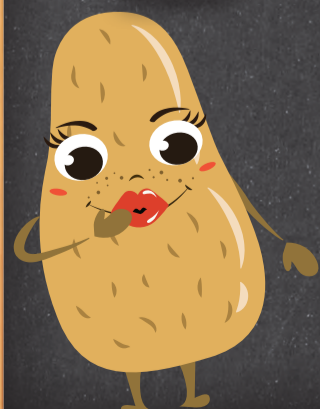
Choose from...

- Gluten Free Fish Finger
- Vegetable Ravioli

Ham Sandwich / Jacket Potato
with Cheese / Jacket Potato with
Tuna Mayo / Tuna & Cheese
Wrap

Desserts...

Decorated Iced Buns
Strawberry & Vanilla Mousse



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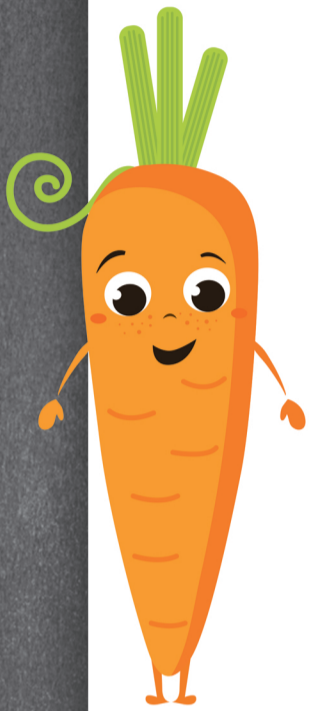


Food for Life Served Here



Soil Association
FOOD FOR LIFE

BRONZE CATERING



healthy soil,
plants and animals
= healthy food
= healthy people

No nasty additives &
at least 75% of our dishes
are freshly prepared

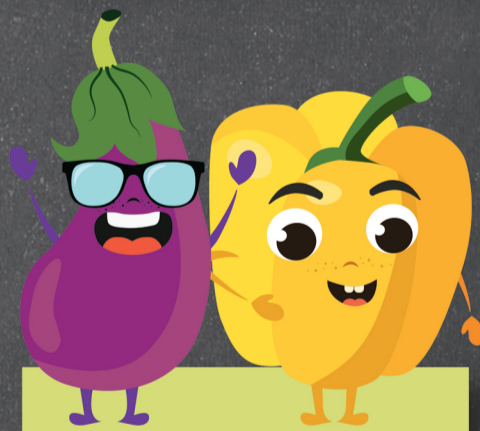
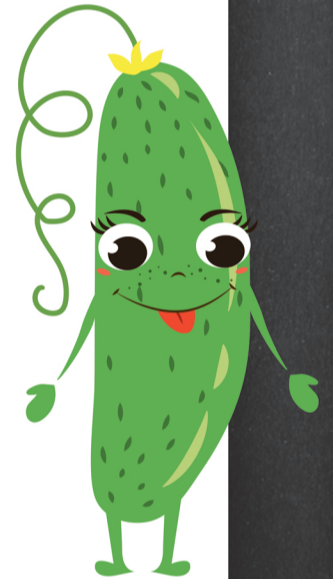
FRESH
healthy
SEASONAL
traceable
SUSTAINABLE



eggs are
free range

meat that can
be traced back
to the farm

ingredients
from local soil



Our menus are seasonal and we adjust our use of vegetables, salads and meal accompaniments to make use of seasonal produce wherever possible.

Food for Life Served Here demonstrates that the school food we provide in this school is ethical, sustainable and fresh, free from nasty additives and trans fats and meets school food standards. The award guarantees that food meets high standards of provenance and traceability.



the **food quarter**